

Look Good with Lauren Pricing Structure & Cancellation Policy 2018

In order to keep things simple, the prices will be the same for Gymnastics, Fitness & Yoga sessions.

All sessions are to be booked a month in advance and to be paid for on the first of the month or, booked a week in advance and paid for on the week beginning. It is completely up to you whether you would like to pay weekly or monthly. Please note you are free to chop and change between how many sessions you fit in each week or month depending on your life commitments and the weekly price will change accordingly.

Please find below the adjusted pricing structure for 2018 onwards.

Private sessions (1 to 1)

Hours per week	Cost per session	Weekly payment	Monthly payment
1	£50	£50	£200-£250 md*
2	£40	£80	£320-£400 md
3	£35	£105	£420-£500 md
4	£30	£120	£480-£540 md

*month depending (total amount of sessions will vary on occasion from month to month).

Shared sessions (2 to 1)

Hours per week	Cost per session	Weekly payment	Monthly payment
1	£70 (£35pp)	£70 (£35pp)	£280-£350 (£140-£175pp) md
2	£60 (£30pp)	£120 (£60pp)	£480-£600 (£240-£300pp) md
3	£50 (£25pp)	£150 (£75pp)	£600-£750 (£300-£375pp) md
4	£40 (£20pp)	£160 (£80pp)	£640-£800 (£320-£400pp) md

Small Group Session (3 to 4 people)

Hours per week	Cost per session	Weekly payment	Monthly payment
1	£100	£100 (£25pp)	£400-£500 (£100-£125pp) md
2	£90	£180 (£45pp)	£720-£900 (£180-£225pp) md
3	£80	£240 (£60pp)	£960-£1200 (£240-£300pp) md
4	£70	£280 (£70pp)	£1120-£1400 (£280-£350pp) md

Loyalty & Reward schemes

- For every 10 sessions you complete, you will receive 1 complimentary session.
- Bring a friend to train for free once per month.
- If you recommend a friend and they book more than 5 sessions, you will receive 50% of your next 5 sessions.

Cancellation Policy

24 hours notice is required for cancellations otherwise the session will be fully charged. I am happy to reschedule sessions if more than 24 hours notice is given. Equally, if I cancel your session with less than 24 hours notice, you will receive a complimentary session.

Thank you for your understanding and co-operation. If you have any queries please let me know, I look forward to helping you achieve your 2018 goals.

Lauren